"RIDE FROM WITHIN"

5 Day Rider Training Intensives in Desert Hills & Scottsdale, Arizona

All groundwork and riding instruction by James Shaw
Each session will be designed for your specific needs and ability.

Learn techniques that reduce pain, heal your body and keep it healthy
Learn how to identify the imbalances in your body that cause stress or the tension that causes imbalances in your body and your riding
Correct your imbalances and replace old habits with new healthy ones
Identify and release physical and emotional blockages in your body that keep power from flowing freely between you and your horse
Learn to use new riding aides that are almost effortless yet produce dramatic results no matter what level rider you are
Leave with a personalized 6 month work plan that includes specific exercises for your body's problem areas on the ground and in the saddle

Be The Rider You Have Always Dreamed of Being

COST FOR THE 5 DAY RIDER INTENSIVE - $2,799/person

LIMITED TO 2 RIDERS/SESSION

Includes:

- Daily ground work
- 3 Days mounted work
- Filming of ground work and mounted work
- In depth review of film with James
- Before & after DVDs starring YOU of exercises and riding to take home with you
- Beautiful riding facility
- A great horse and tack to ride or stabling if you bring your own horse*
- A Personal Growth day designed to help release blockages & improve your Connection and Energy flow.
- Fresh and healthy meals and snacks
- A room or camping for the 5 days (Sunday night through Friday afternoon) if you stay with us. If not, lodging is extra.*
- Possibility for trail rides, hikes, site seeing as time permits

Deposit of ½ fee required to reserve a date. Remainder due day of arrival.

*There are several hotels within 15 miles of the site. **You will need to bring your own feed & tack and muck the stall if you bring your own horse**
You will be required to sign liability releases for your stay and for your horse if you bring one. The facility we use for training will also require that you sign a release

James Shaw Healing Arts, LLC 2010

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